

Little Roots Mommy and Me

Age 17mos and up

Wednesdays 10:20-11:35

Instructor: Rachel Levy M.S CCC/SLP

Music Instructor: Joanie Leeds

Welcome Mommy's/caregivers and little ones. We hope to explore a theme each week and do a discussion, activities and sings songs guided by those themes.

- Requirements:
1. Child must be supervised by adult caretaker at all times
 2. Please let instructor know when you plan to be absent
 3. Please keep conversation to a minimum during focus times so that children may benefit fully by the learning experience.
 4. Make sure your little one is having fun by allowing him/her to take the lead in his/her own learning adventure!

Class Schedule:

- | | |
|-------------------------------------|----------------------------------|
| 1)10:20-10:35 Work time (free play) | 4)10:50-11:05 Art project |
| 2)10:35-10:40 Cleanup time | 5)11:05 Wash hands |
| 3)10:40-10:50 Circle time (focus) | 6)11:05-11:35 Music time (focus) |
| | 7)11:35 Lunch |

*Please note: no classes will be held on 2/10, 2/17, 3/31

Theme schedule:

- 1/6: **Music:** instruments, rhythm- fast/slow, loud/soft
Project: make your own drums
- 1/13: **Airplanes:** flying up and down
Project: model airplane
- 1/20: **Bugs:** creepy crawly critters
Project: caterpillar magnet
- 1/27: **Tu B'Shevat:** trees, fruit
Project: decorate a tree
- 2/3: **Transportation: cars, trucks etc**
Project: painting wooden car
- 2/24: **Purim:** The holiday story, how we celebrate
Project: Mishloach manot bags
- 3/3: **Me:** who am I? What's my name?
Project: decorate my very own mirror
- 3/10: **Sports:** Balls, kicking, bouncing
Project: have a ball
- 3/17: **Jungle Animals:** Lion, Tigers and Bears oh my!
Project: Animal masks
- 3/24: **Pesach:** the story, the Seder
Project: Make a Seder plate
- 4/7: **Big and small:** learning the concepts
Project: decorate a huge fish and a little one
- 4/14: **Israel:** Independence, flag, colors
Project: Israeli flag
- 4/21: **Sea Animals:** where they live, what they can do
Project: sea animal placemat
- 4/28: **Spring:** flowers
Project: plant a flower
- 5/5: **Mommy:** Mother's day
Project: Picture album
- Last Class for semester
- 5/12: **Torah:** Shavuot
Project: Make a Torah